

**Thank you for honoring our commitment to the safety of your children!**

In order to stay healthy and ready to learn, your child should:

- Get plenty of sleep (10 to 12 hours per night are recommended for this age).
- Eat a healthy diet, including breakfast.
- Get up in plenty of time to get ready for school.
- Wear comfortable clothes that are appropriate for the weather.
- Keep your child home if he/she has a fever or shows signs of a contagious condition (lice, pink eye or ring worm).

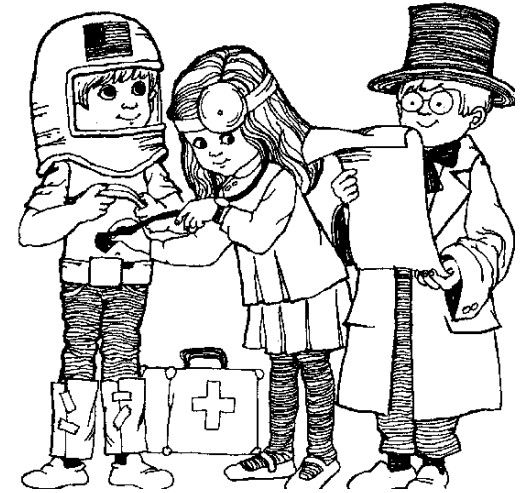
## What Do I Need to Register My Child?

The State of Ohio requires children entering kindergarten to have all of the required vaccinations. These include the **DPT series** as well as immunizations against **measles, mumps, rubella, polio, Varicella** (chicken pox) and **Hepatitis B**. For specific requirements, please contact your physician or the clinic at the Lucas County Health Department at 419-213-4100.

You will need to present a legal birth certificate for your child when you register. If you do not have a birth certificate, you may obtain one from the Lucas County Health Department. In addition, you will need proof of your child's social security number. Parents and guardians will have to show a picture ID **and** two proofs of address for the family.

All children entering kindergarten must be five years old **on or before September 30**. Chronological age is not always the most important factor in determining a child's readiness for school. Some children may profit from delaying kindergarten one year.

## Getting Ready For Kindergarten



## Toledo Public Schools

420 E. Manhattan

Toledo, Ohio 43608

419-729-8200

# Reading Readiness

1. Recognizes his or her own name in the format shown.
2. Recites the alphabet.
3. Recognizes letters out of order, both upper and lower case.
4. Understands rhyming words.

## How Can I Help?

1. Read to your child daily, even if for only a short time.
2. Ask your child questions about the stories you read or events around your family.
3. When talking or interacting with your child, point out and name letters around you – such as the “M” in McDonalds or the “P” in Pizza Hut.
4. Read alphabet books, such as:
  - a) *Chicka Chicka Boom Boom*
  - b) *A My Name is Alice*
  - c) *Old Black Fly*
  - d) Visit your library for more choices and for story hour.
5. Recite nursery rhymes or read rhyming books such as:
  - a) Dr. Seuss
  - b) Mother Goose poems



6. When you write your child’s name, always write the first letter upper case and the rest of the letters lower case. Your child should practice copying his or her name. Here are some examples:

Alex Mariah Jasmine

# Math Skills

1. Counts 10 objects by touching each object and saying only one number (one to one correspondence).
2. Recognizes and names the numbers from 1 to 5.
3. Recognizes and names basic colors.
4. Recognizes and names the shapes circle, square, triangle, oval, rectangle and diamond.

## How Can I Help?

1. Have your child count out small quantities of objects.
2. Ask your child to find objects in your house that are shaped like a circle, square, triangle or other shapes.
3. Walk around the neighborhood counting common objects such as houses, trees, cats, etc.
4. Count in sequence (1,2,3,4) to 10 leaving out a number. See if your child can fill in the missing number.

# Social Skills

1. Follows 1 and 2 step verbal directions.
2. Listens to others as they speak.
3. Speaks clearly.
4. Accepts the authority of adults.
5. Plays cooperatively with others.

## Personal Habits

1. Uses the bathroom appropriately, including dressing and hand washing.
2. Independently zips and buttons.
3. Puts on mittens and gloves.
4. Ties shoes (practice at home).

## How Can I Help?

1. Encourage independence.
2. Practice dressing skills at home.
3. Discuss and demonstrate proper use of the restroom and sanitary hand washing.
4. Have your child open his or her own milk and other food containers when eating out.
5. Encourage your child to pick up after himself or herself.

