



The Stewart Scoop

Together we can make a Difference

It is time for **parent-teacher conferences**. Please make every attempt to meet with your child's teachers on **October 25th or October 26th**. I would like to have **100% participation** during conferences. Due to work schedules, you may not be available on those dates but try to find another time to meet with the teachers. Everyone must be on the same page to give your child the best education possible.
 – Ms. Quinn, Principal

October 2018

FLU INFORMATION FOR PARENTS:

Ella P. Stewart will have a FLU Shot Clinic during school hours on Friday, November 9 (8:30 - 10:30). Consent forms for flu shot were sent home and must be completed, signed and returned to school. What is the flu? Flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. Flu viruses cause illness, hospital stays and deaths in the United States each year. How serious is the flu? Flu illness can vary from mild to severe. While the flu can be serious even in kids who are healthy, it can be especially dangerous for young children and children of any age who have certain long-term health problems. What are the symptoms of the flu? Symptoms can include: **fever*** or feeling feverish/chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, & fatigue (tiredness). Some people may have vomiting and diarrhea, though this is more common in children than adults. * **It's important to note that not everyone with flu will have a fever.**

Protect your child: The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child. Ask your health care provider which flu vaccine is right for your child. Everyone 6 months of age and older should get a flu vaccine by the end of October, if possible. Children 6 months through 8 years of age may need either 1 or 2 doses of vaccine. Children younger than 6 months are at high risk of serious flu illness, but are too young to be vaccinated. Parents, siblings, and people who care for infants should be vaccinated instead. In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick, cover your cough and sneezes, wash your hands often with soap and water, do not touch your eyes, nose, and mouth, and clean and disinfect surfaces and objects that may be contaminated with flu viruses.

The traits of **RESPONSIBILITY** are:

- responsibility**-“Accept responsibility for your life. Know that it is YOU who will get you where you want to go, no one else.”-Les Brown
- attentiveness**- “I don't focus on what I'm up against. I focus on my goals and try to ignore the rest.”- Venus Williams
- self-control**-“Do something today that your future self will thank you for.”-Sean Patrick Flannery
- resolve conflict**- “Love is the only force capable of turning an enemy into a friend”-Martin Luther King, Jr.

FLU INFORMATION FOR PARENTS cont.:

If your child is sick talk to your doctor right away if you are worried about your child's illness. Make sure your child gets plenty of rest and drinks enough fluids. If your child is at high risk for flu complications, call your doctor or take them to the doctor right away if they develop flu symptoms. If your child becomes sick with flu illness, CDC recommends that they stay home for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

Is there medicine to treat the flu? Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can make people feel better and get better sooner. Antivirals can mean the difference between having milder illness instead of very serious illness that could result in a hospital stay. These drugs can be given to children and pregnant women.

-Nurse Muir, BSN, RN, LSN

Monday	Tuesday	Wednesday	Thursday	Friday
October 1 Girl Scouts	2	3	4	5
8	9	10	11 YWOE	12 2-HR Delay
15	16	17	18	19
22	23	24 UNITY DAY/Walk -WEAR ORANGE	25 Conferences	26 Conferences
27	28	29	30	31

October Students of the Month



Fay'Lona Johnson, PK	Za'Nyiah Payne-Pattin, K
Jerae Carter, K	Raelynn Hudson, 1 st
Kayla Rocha, 1 st	Alonah Green, 2 nd
Jamiah Banks, 2 nd	Chloe Lawson, 3 rd
Omara Howard, 4 th	Dre'Nisha Johnson, 4 th
Riayn Roberts, 5 th	Emma Miller, 5 th
Naomi Williams, 6 th	

Blood Drive



American Red Cross

Delta Sigma Theta Sorority in partnership with the Red Cross @ Ella P. Stewart Academy for Girls Saturday, October 20, 2018 from 9:00 AM – 2:00 PM in the Gymnasium

For an appointment, please visit redcrossblood.org and enter sponsor code: DST2018

Or call 1-800-RED CROSS (1-800-733-2767)

Please mark your calendar! Unity Day is Wednesday, October 24, 2018!

The call to action: Wear an orange top and/or orange colored accessory.

Students may also wear **jeans!**

The message: **UNITY DAY** is an opportunity to make a powerful visual statement that encourages everyone to unite for kindness, acceptance, and inclusion. **WEAR ORANGE** to visibly show that Stewart Academy believes that no child should ever experience bullying.



Together against bullying
United for Kindness, Acceptance and Inclusion

An excellent resource for parents is on the Toledo Public Schools website – www.tps.org. On the Homepage, click “**Parents & Students**,” then under the “**All Students**” section select “**TPS Cares/ Anti-Bullying Efforts**”.

On October 24, 2018 we will also be walking around the school campus with the principal to focus on fitness and healthy habits. Students may wear jeans and comfortable shoes (tennis shoes).

-Ms. Tisdale, School Counselor